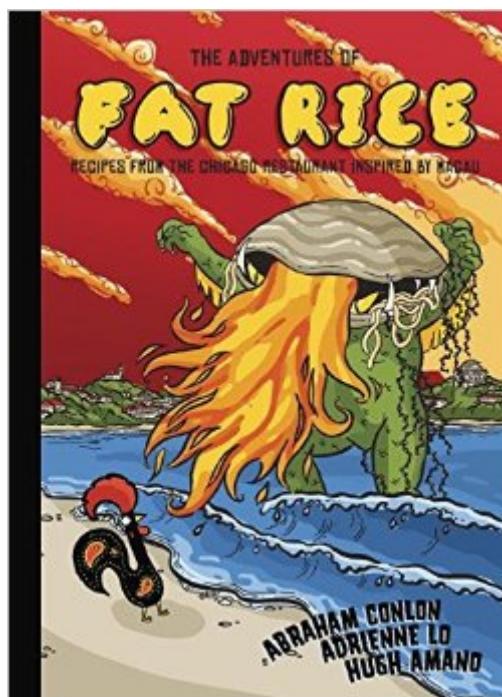


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The Adventures Of Fat Rice: Recipes From The Chicago Restaurant Inspired By Macau



Synopsis

With 100 recipes, this is the first book to explore the vibrant food culture of Macauâ "an east-meets-west melting pot of Chinese, Portuguese, Malaysian, and Indian foodwaysâ "as seen through the lens of the cult favorite Chicago restaurant, Fat Rice.Â An hourâ ™s ferry ride from Hong Kong, on the banks of the Pearl RiverÂ in China, lies Macauâ "a modern, cosmopolitan city with an unexpectedÂ history. For centuries, Macau was one of the worldâ ™s greatest tradingÂ ports: a Portuguese outpost and crossroads along the spice route, whereÂ travelers from Europe, Southeast Asia, South Asia, and mainland ChinaÂ traded resources, culture, and food. The Adventures of Fat Rice is theÂ story of how two Chicago chefs discovered and fell in love with thisÂ fascinating and, at least until now, unheralded cuisine. With dishes likeÂ Minchi (a classic Macanese meat hash), Po Kok GaiÂ (a Portuguese-influenced chicken curry with chouriÃ§o and olives), andÂ Arroz Gordo (if paella and fried rice had a baby), now you, too, can bringÂ the eclectic and wonderfully uniqueâ "yet enticingly familiarâ "flavors ofÂ Macau into your own kitchen.

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